### **CRISIS RESPONSE FLOWCHART**

Is the student exhibiting behavior that is of immediate concern?



#### Severe Distress

# Moderate Distress

#### Mild Distress

## Recognize

\*Refer to Indicators handout

- Unprovoked anger or hostility
- Implying or making direct threat to harm self or others
- Threatening speech
- Physical aggression or violence
- Delusions

- Self-disclosure of personal distress
- Bizarre content in writing
- Excessive tearfulness, panic reactions, irritability or unusual apathy
- Multiple requests for extensions

- Sudden decline in quality of work
- Repeated absences
- Marked changes in physical appearence
- Excessive fatigue
- Expressions of concern from peers

### Respond

- Express care and concern
- It is not your responsibility to provide professional help but to connect the student to those who are able to
- Always take suicidal statements seriously

"I heard you saying that (the world would be better without you.) I'm concerned about you. Are you having thoughts of taking your life?"

- Express care and concern
- Give example of statement or behavior that has concerned you
- Listen to and believe student's responses
- Identify resources for safety planning and offer to help student make an appointment

"I noticed that you've (been missing a lot of classes) lately. Have you been feeling okay?"

- Express care and concern
- Give example of statement or behavior that has concerned you
- Listen to and believe student's responses

"That sounds like a really difficult situation, are you meeting with anyone in the counseling center?"

### Refer

- Counseling services
- Public Safety (if there is a threat to student or others)
- Residence life director
- Food pantry
- · Title IX Coordinator

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Report

It is important to consult with your supervisor to identify any further action steps